

Playing At Home

YUMMY UNDERSEA SNACK

- Share with your child that you need their help to make a delicious underwater snack.
- Mix 3-4 drops of blue food coloring into the cream cheese. Encourage your child to help stir and spread the cream cheese onto a cracker.
- Invite your child select a fish cracker or two and an underwater plant (broccoli, celery, lettuce, etc.) to place onto the cracker.
- As you enjoy this tasty snack, talk about what it would be like to be a fish. "If you were a fish, what color would you be? Where would you swim to? Why would it be fun...scary to be a fish? Sing *Slippery Fish* as you gulp, gulp, gulp your tasty snack!

Pack up snacks and whatever else you take to the beach, and head out for a picnic snack together.

WHAT IS MY CHILD LEARNING?

- Providing opportunities for your child to help prepare meals boosts their self-confidence and self efficacy.
- Preparing an undersea snack promotes fine motor development as children stir, spread, pick up smaller items like fish crackers, and of course, feed themselves.
- Encouraging children to participate in the creation of a meal is a great way for your child to try new foods with an open mind.
- Working together promotes positive relationships, conversation, and invites children to see that their helping hands and ideas are appreciated and valued.
- **Mathematical Development:** You can use a collection of shells to promote counting and sorting skills. Manipulation of water and sand help children explore and understand the concept of volume and weight.
- **Language Development:** When you encourage imaginative thinking and conversation, ("If you were a fish...") you are helping children learn how to verbalize complex ideas and descriptions.

YOU WILL NEED:

- Fish crackers & "undersea" veggies
- Cream cheese
- Blue food coloring
- Rice cracker (or other round cracker)

SONG OF THE WEEK

SLIPPERY FISH

*Slippery fish, slippery fish, sliding in the water ~
Slippery fish, slippery fish - gulp, Gulp, GULP!
Oh No! It's been eaten by an:
*Octopus/Wiggling ~~ *Tuna Fish/Flashing ~~
*Great White Shark/Lurking ~~
*HUMONGOUS whale, HUMONGOUS whale,
spouting in the water ~~ HUMONGOUS whale,
HUMONGOUS whale, gulp, Gulp, BURP! -
Oops, excuse me!

POWER OF PLAY MESSAGE

CHILDREN LEARN, GROW & THRIVE THROUGH PLAY

- Children learn about themselves, others and the world through play
- Play celebrates your child's individual sparks and invites exploration



play to learn
Pierce County

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