

Playing At Home

SELF PORTRAITS

- Sit down in front of a mirror together and closely observe your reflections. Help your child to notice as many things about their face as they can.
- Talk about the things they like and what they like about themselves. Brainstorm how they could include some of that information in their self portrait.
- **Some Ideas**
 - Draw a picture of yourself in a favorite place or with some of your favorite things around you.
 - Draw a picture of how you would look if you were your favorite animal.
 - Choose the superhero power you would like to have. Draw a picture of yourself as that superhero.

YOU WILL NEED:

- Mirror
- Paper
- Drawing Materials

SONG OF THE WEEK

THE MORE WE GET TOGETHER

The more we get together, together, together
The more we get together, the happier we'll be
'Cause my friends are your friends
And your friends are my friends
The more we get together, the happier we'll be.

WHAT IS MY CHILD LEARNING?

Learning about ones self is a life long skill. Giving your child early tools to recognize and express what they know about who they are, what they like and what they can imagine themselves to be is a way to ground them with strong ideas about their place in the world.

Listening to their self definition and helping them to creatively represent it communicates that you value their thoughts and respect their ideas.

- **Social-Emotional Development:** Helping your child to talk about what is important to them and what they like about themselves promotes a positive sense of self.
- **Cognitive Development:** Close observation and translation of what they notice onto a page supports symbolic thinking.
- **Physical Development:** Drawing from life helps children to develop strong eye to hand coordination.
- **Mathematical Development:** Helping your child break down the shapes of their face into simpler shapes is a mathematical skill known as abstraction which is a key problem solving skill.

POWER OF PLAY MESSAGE

PLAY BUILDS FRIENDSHIPS

- Engaging in play with other families expands your community of support.
- Play helps your child learn to share space, materials and ideas with others.



 play to learn
Pierce County

powered by  greentrike
Power Children. Change Play.